



City of Winston-Salem
2012 Holistic Wellness Program

Presents

“Women’s Heart Health”



February 17, 2012

Time: 9:00 am – 10:00 am

**5th Floor Public Meeting Room at BAS Building
100 East First Street
Winston-Salem, NC 27101**

Guest Speaker: Dr. Stephen A. Hubbard

WEAR RED Friday, February 3, 2012 for American Heart Month to help raise awareness about heart disease, but don't stop there. Make sure you know the signs of a heart attack and stroke, know what questions to ask your doctor about heart health and what you can do to lower your risk for heart disease.

Lecture with Q & A to follow.

Pre-Register @ jennifem@cityofws.org or call Jennifer Moore @ 727-2305