



City of Winston-Salem  
2012 Holistic Wellness Program

**\*\*New Series\*\***

**TALKING CANCER  
SERIES:  
WITH FRIENDS AND FAMILY  
WHAT NOT TO SAY AND WHAT TO SAY**

**FREE**

**Thursday, February 16, 2012**

**1:00 pm – 2:00 pm**

**@ Manson Mead Complex**

**2799 Griffith Road**

**Winston-Salem NC 27105**

**Open to all Employees, Family Members and Retirees**

*Instructor: Julie Lanford*

*Of Cancer Services*

**Pre-Registration Required**

by e-mail at [jennifem@cityofws.org](mailto:jennifem@cityofws.org) or call 727-2305