



City of Winston-Salem
2012 Holistic Wellness Program

DIABETES ACADEMY

FREE

4 Week Series meets every
TUESDAY beginning

February 7, 2012 – February 28, 2012
10:00 am – 11:00 am

@ 5th Floor Public Meeting Room – Bryce A. Stuart Building
100 East First Street
Winston-Salem NC 27101

*Open to all Employees, Family Members and Retirees who are
Diabetic or Pre-Diabetic
Or Takes Care of Someone Diabetic*

*Instructor: Darby Graves, MPH who is also a
Certified Diabetes Educator and Registered Dietician*

Pre-Registration Required
by e-mail at jennifem@cityofws.org or call 727-2305